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MILLIN MEETING 2024

Friday 8 November

CPD ACCREDITATION
6 CPD POINTS

MILLIN MEETING 2024

Millin Meeting is kindly sponsored by



FRIDAY 8 NOVEMBER 2024

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| 07.30 | REGISTRATION | Front Hall, York Street |
| 07.45 – 08.45 | FELLOWS AND MEMBERS NETWORKING BREAKFAST Hosted by the RCSI President and Council College Hall <i>kindly sponsored by Fáilte Ireland</i> |  |
| 09.00 | MILLIN MEETING 2024 WELCOME ADDRESS Professor Deborah McNamara, President, RCSI | |
| 09.05 | KEYNOTE LECTURE ACHIEVING EXCELLENCE IN SURGICAL AND ACADEMIC RESEARCH & TRAINING Dr Ayesha Noorani MB BChir, MA(Cantab), PhD, FRCS. CRUK Clinician Scientist and Honorary Consultant Upper Gastrointestinal Surgeon, Wellcome Sanger Institute and Addenbrooke's Hospital, Cambridge University Hospital NHS Trust, Cambridge, UK | |
| 09.35 | SYMPOSIUM I RCSI NATIONAL SURGICAL RESEARCH SUPPORT CENTRE (NSRSC) SURGICAL RESEARCH SYMPOSIUM | |
| 09.35 | SESSION I NSRSC Surgical Trial Updates RCSI National Surgical Research Competition Presentations | |
| 11.00 | REFRESHMENTS & EXHIBITION including poster viewing Exam Hall | |
| 11.30 | SESSION II How Patient Involvement Improves Surgical Research | |
| 12.30 | LAUNCH OF THE RCSI EARLY CAREER SURGICAL NETWORK | |
| 12.45 | LUNCH & EXHIBITION including poster viewing Exam Hall | |
| 13.45 | KEYNOTE LECTURE PATIENT AND COMMUNITY ENGAGEMENT - SHOULD WE USE IN ALL RESEARCH TYPES? Dr Ori D. Rotstein, MD, FRCSC, FACS Vice President, Research and Innovation, Unity Health Toronto Professor and Associate Chair of Surgery, University of Toronto | |
| 14.15 | ORAL AND POSTER AWARD PRESENTATION | |
| 14.30 | SYMPOSIUM II FACULTY OF SURGICAL TRAINERS SYMPOSIUM | |
| 14.30 | SUPPORTING EXCELLENCE IN SURGICAL TRAINING | |
| 15.30 | KEYNOTE LECTURE SUPPORTING HIGH PERFORMANCE TEAMS AND INDIVIDUALS Mr Enda McNulty Former All Star Gaelic Games Athlete and Founder & CEO of McNulty Performance | |
| 17.00 | 47th MILLIN LECTURE followed by a reception | College Hall Atrium |

RCSI MILLIN MEETING PROGRAMME AT A GLANCE

FRIDAY 8 NOVEMBER 2024

07.30 – 09.00 **REGISTRATION**
Front Hall, 123 St Stephen's Green (York Street entrance)

07.45 – 08.45 **FELLOWS AND MEMBERS NETWORKING BREAKFAST**
Hosted by the RCSI President and Council
College Hall

kindly sponsored by Fáilte Ireland



09.00 – 09.05 **WELCOME ADDRESS**
Professor Deborah McNamara
President, RCSI
O'Flanagan LT

09.05 – 09.35 **KEYNOTE SPEAKER**
ACHIEVING EXCELLENCE IN SURGICAL AND ACADEMIC RESEARCH & TRAINING
Dr Ayesha Noorani
MB BChir, MA(Cantab), PhD, FRCS.
CRUK Clinician Scientist and Honorary Consultant Upper Gastrointestinal Surgeon, Wellcome Sanger Institute and Addenbrooke's Hospital, Cambridge University Hospital NHS Trust, Cambridge, UK

INTRODUCED BY:
Professor Stewart Walsh
Clinical Lead National Surgical Research Support Centre and Professor of Vascular Surgery at Galway University

SYMPOSIUM I

RCSI NATIONAL SURGICAL RESEARCH SUPPORT CENTRE (NSRSC)

SESSION ORGANISERS:
Dr Anne-Marie Byrne
Operations Director, National Surgical Research Support Centre

Professor Stewart Walsh
Clinical Lead National Surgical Research Support Centre and Professor of Vascular Surgery at Galway University

09.35 – 11.00 **SESSION I: NSRSC SURGICAL TRIAL UPDATES AND RCSI NATIONAL SURGICAL RESEARCH COMPETITION**

CO-CHAIR:
Professor Ronan Cahill
RCSI Council Member; General/Colorectal Surgeon, Mater Misericordiae University Hospital, Dublin; Professor of Surgery at University College Dublin

CO-CHAIR:
Professor Michael Kerin
RCSI Vice President; Consultant General and Breast Surgeon, Galway University Hospital

09.35 – 10.00 **PART I: NSRSC SURGICAL TRIAL UPDATES**
The NSRSC will provide an update on the studies they are supporting and highlight challenges and potential solutions for conducting surgical trials in Ireland.

Dr Anne-Marie Byrne
Operations Director, National Surgical Research Support Centre

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|---------------|--|
| 10.00 – 11.00 | <p>PART II: RCSI NATIONAL SURGICAL RESEARCH COMPETITION PRESENTATIONS</p> <p>Selected abstracts will be invited to present their research as part of the National Surgical Research Competition. Talks consist of 7mins presentation with 3 minutes for questions.</p> <p>The winner of the best overall presentation in this session will receive the RCSI NATIONAL SURGICAL RESEARCH MEDAL</p> <p>JUDGE: Dr Ayesha Noorani, MB BChir, MA(Cantab), PhD, FRCS. CRUK Clinician Scientist and Honorary Consultant Upper Gastrointestinal Surgeon, Wellcome Sanger Institute and Addenbrooke's Hospital, Cambridge University Hospital NHS Trust, Cambridge, UK.</p> <p>JUDGE: Dr Ori D. Rotstein, MD, FRCSC, FACS Vice President, Research and Innovation, Unity Health Toronto Professor and Associate Chair of Surgery, University of Toronto</p> |
| 10.00 – 10.10 | Presentation 1 |
| 10.10 – 10.20 | Presentation 2 |
| 10.20 – 10.30 | Presentation 3 |
| 10.30 – 10.40 | Presentation 4 |
| 10.40 – 10.50 | Presentation 5 |
| 10.50 – 11.00 | Close of session |
| 11.00 – 11.30 | <p>REFRESHMENTS & EXHIBITION including poster viewing</p> <p>POSTER JUDGE: Professor David Healy RCSI Council Member; Consultant Cardiothoracic and Transplant Surgeon, St Vincent's University Hospital and Mater Misericordiae University Hospital, Dublin</p> <p>POSTER JUDGE: Professor Micheal O'Riordain RCSI Council Member; Consultant General and Colorectal Surgeon, Chair of Division of Surgery Mercy University Hospital, Cork</p> |
| 11.30 – 12.30 | <p>SESSION II: HOW PATIENT INVOLVEMENT IMPROVES SURGICAL RESEARCH</p> <p>CO-CHAIR Dr Anne-Marie Byrne Operations Director, National Surgical Research Support Centre</p> <p>CO-CHAIR Professor Paul Ridgway RCSI Council Member; Consultant General Surgeon, Tallaght University Hospital and St Vincent's University Hospital</p> |
| 11.30 – 11.45 | <p>HOW CAN PPI BE EMBEDDED IN SURGICAL RESEARCH Dr Michelle Flood Lecturer, School of Pharmacy, RCSI University of Medicine and Health Sciences and PPI Ignite Network Lead</p> |
| 11.45 – 12.00 | <p>ESTABLISHING PPI IN A CLINICAL TRIAL NETWORK Cancer Trials Ireland PPI Committee Member</p> |

12.00 – 12.15 **PATIENT INVOLVEMENT IN SPINAL CORD SURGICAL RESEARCH EXPERIENCES FROM BOTH SIDES**
Professor John Quinlan
 RCSI Council Member, Consultant Trauma and Orthopaedic Surgeon,
 Tallaght University Hospital, Dublin

Mr Ciarán McCarthy
 PPI Contributor

12.15 – 12.30 Discussion

12.30 – 12.45 **LAUNCH OF THE RCSI EARLY CAREER SURGICAL NETWORK**

The RCSI Early Career Surgical Network is a newly established pan-specialty peer support community for surgeons completing training, on fellowship and who have recently started practice as a consultant surgeon. The transition to independent practice is a significant milestone in a surgeon's career. While completion of surgical training is a time of celebration, the practical, and often non-clinical, changes that come with independent consultant practice require navigation. Many of the challenges experienced are similar for all at this stage, across all specialities.

Our aim for this network is to offer relevant support, advice and networking opportunities to those who are completing training, those on international fellowship and those in the early years of consultant practice in surgery.

INTRODUCTION AND OFFICIAL LAUNCH OF THE RCSI EARLY CAREER SURGICAL NETWORK (RCSI-ECSN)

Professor Deborah McNamara
 President RCSI

OVERVIEW, VISION AND HOW TO GET INVOLVED IN THE RCSI-ECSN

Ms Christina Fleming
 Chair, RCSI-ECSN Committee

12.45 – 13.45 **LUNCH & EXHIBITION**
 including poster viewing

13.45 – 14.15 **KEYNOTE LECTURE**

PATIENT AND COMMUNITY ENGAGEMENT - SHOULD WE USE IN ALL RESEARCH TYPES?

Dr Ori D. Rotstein, MD, FRCSC, FACS
 Vice President, Research and Innovation, Unity Health Toronto
 Professor and Associate Chair of Surgery, University of Toronto

INTRODUCED BY:

Professor Kevin Conlon

RCSI Council Member; Consultant General Surgeon, St Vincent's University Hospital and Tallaght University Hospital, Dublin

14.15 – 14.30 **PRESENTATION OF AWARDS**

Award for outstanding achievement in clinical trial activity

Award of **RCSI National Surgical Research Medal** to the best oral research presentation

Surgical Research Poster Presentation Awards

SYMPOSIUM II

RCSI FACULTY OF SURGICAL TRAINERS SYMPOSIUM

SUPPORTING EXCELLENCE IN SURGICAL TRAINING

CO-CHAIR:

Professor Carmel Malone

RCSI Council Member, Chair of the Faculty of Surgical Trainers and Consultant General and Breast Surgeon, Galway University Hospital

CO-CHAIR:

Mr James Geraghty

RCSI Council Member; Consultant General Surgeon, St Vincent's University Hospital, Dublin

14.30 – 14.45 **THE HEALTH SERVICE ROLE IN SUPPORTING TRAINER EXCELLENCE****Professor Anthony O'Regan**

Director, National Doctors Training & Planning (NDTP)

14.45 – 15.00 **SECOND VICTIMS: THE HARSH REALITY OF WORKING AS A TRAINER****Professor Kilian Walsh**

RCSI Council Member; Consultant Urological Surgeon, University Hospital Galway and Bon Secours Hospital Galway

15.00 – 15.15 **THE TRAINEE'S PERSPECTIVE ON HOW TRAINERS NEED TO BE BETTER SUPPORTED****Dr Czara Kennedy**

Irish Surgical Training Group (ISTG) Representative

15.15 - 15.30 **UPDATE FOR SURGICAL TRAINERS****Professor Kevin Barry**

Director, National Surgical Training Programme

An update will be provided on how the HSE/NDTP funded improvements have been key to supporting RCSI to continue to train highly skilled surgeons who are prepared to meet the evolving demands of healthcare, benefiting both the trainees and the broader healthcare system.

15.30 – 16.15 **KEYNOTE LECTURE****SUPPORTING HIGH PERFORMANCE TEAMS AND INDIVIDUALS****Mr Enda McNulty**

Former All Star Gaelic Games Athlete and Founder & CEO of McNulty Performance

16.15 - 16.30 Questions and Answers

17.00 – 17.45 **47th MILLIN LECTURE**

College Hall

17.45 – 18.30 **RECEPTION**

Atrium

RCSI MILLIN MEETING TERENCE JOHN MILLIN 1903-1980

Born in Helen's Bay, Co. Down, he was the only son of Samuel Shannon Millin (barrister) and Ella Catherine Millin. He was initially schooled in Tipperary but finished his secondary schooling in St. Andrew's College in Dublin. There he demonstrated not only his intelligence, but also his sporting prowess, playing on the side that won the prestigious Leinster Schools Senior Cup in rugby union in 1921 and in later years was selected to play for Ireland in an international match against Wales. He achieved numerous academic achievements and was awarded a scholarship to Trinity College. Here his remarkable career continued and after a period in Arts and Mathematics, he enrolled as a medical student.

After a stellar undergraduate career, he undertook a house surgeon post at Sir Patrick Dun's Hospital in Dublin, and from there travelled to London to continue his surgical career. After various posts undertaken to increase his experience, he undertook the examination for the Fellowship of the Royal College of Surgeons of England and passed it on the first attempt. He then took up a position in London's All Saint's Hospital becoming assistant to Canny Ryall, a Trinity graduate who had set up this 11-bed, purely urological hospital. Here Millin developed his interests in matters of the genito-urinary tract.

In 1945, Millin published his landmark paper 'Retro-pubic prostatectomy: a new extra vesical technique', in the Lancet. The new operation for removal of the prostate gland was a huge advance on existing methods and reduced death from open prostatectomy from perhaps 15 per cent to 3 per cent. Millin became world famous almost overnight.

His contribution to male health was recognized in 1955 with the receipt of the prestigious Francis Armory Prize, awarded by the American Academy of Arts and Sciences. Further honours included the Saint Peter's Medal, the British Association of Urological Surgeon's highest award in 1951 and becoming that society's first Irish President in 1954. He was also made an Honorary Fellow of the Australasian College of Surgeons in 1968 and was appointed as Honorary Fellow of the American College of Surgeons.

Upon his retirement, he returned to Ireland and was elected President of the Royal College of Surgeons in Ireland for an unprecedented two terms 1963-1966. He was instrumental in rejuvenating the undergraduate part of the college.

Sadly, Millin developed a rare tumour of the vocal cords and passed away in 1980. However, he lives on in RCSI through Millin House, a student residence for which he had obtained the funds, and the annual Millin Lecture to which you are attending today.

RCSI MILLIN MEETING MILLIN LECTURES 1978 - 2023

| YEAR | DELIVERED BY |
|-----------------------|------------------------|
| 46 th 2023 | Michael Eamon Kelly |
| 45 th 2023 | Shirley Potter |
| 44 th 2022 | Joseph Butler |
| 43 rd 2021 | Colin Pierce |
| 42 nd 2019 | Orla McCormack |
| 41 st 2018 | Padhraig F. O'Loughlin |
| 40 th 2017 | Helen Heneghan |
| 39 th 2016 | Niall Davis |
| 38 th 2015 | Aoife Lowery |
| 37 th 2014 | James Paul O'Neill |
| 36 th 2013 | John P. Burke |
| 35 th 2012 | J. Calvin Coffey |
| 34 th 2011 | Fraser M. Smith |
| 33 rd 2010 | David G. Healy |
| 32 nd 2009 | Ronan Cahill |
| 31 st 2008 | Conor Sheilds |
| 30 th 2007 | Malcolm Kell |
| 29 th 2006 | Kevin J. Mulhall |
| 28 th 2005 | Deborah McNamara |
| 27 th 2004 | Fergal Fleming |
| 26 th 2003 | Desmond Winter |
| 25 th 2002 | Deirdre M. O'Hanlon |
| 24 th 2001 | Conor P. Delaney |
| 23 rd 2000 | Rowan W. Parks |
| 22 nd 1999 | Mary Claire Barry |
| 21 st 1998 | Arnold D. K. Hill |
| 20 th 1997 | Cathal J. Kelly |
| 19 th 1996 | Michael J. Kerin |
| 18 th 1995 | H. Paul Redmond |
| 17 th 1994 | Kenneth Mealy |
| 16 th 1993 | Peter Gillen |
| 15 th 1992 | James G. Geraghty |
| 14 th 1991 | Austin L. Leahy |
| 13 th 1990 | John R. T. Monson |
| 12 th 1989 | Thomas N. Walsh |
| 11 th 1988 | Raphael Keane |
| 10 th 1987 | M. Kevin O'Malley |
| 9 th 1986 | Oscar Traynor |
| 8 th 1985 | Patrick J. Broe |
| 7 th 1984 | Thomas F. Gorey |
| 6 th 1983 | James M. Fitzpatrick |
| 5 th 1982 | Gerald C. O'Sullivan |
| 4 th 1981 | Gregor Shanik |
| 3 rd 1980 | William O. Kirwan |
| 2 nd 1979 | David Bouchier Hayes |
| 1 st 1978 | James M. Smith |



Dr Ayesha Noorani

MB BChir, MA(Cantab), PhD, FRCS.

CRUK Clinician Scientist and Honorary Consultant Upper Gastrointestinal Surgeon, Wellcome Sanger Institute and Addenbrooke's Hospital, Cambridge University Hospital NHS Trust, Cambridge, UK

Dr Ayesha Noorani has recently been awarded a CRUK Clinician Scientist Fellowship at the Wellcome Sanger Institute and appointed an Honorary Consultant Oesophago-gastric Surgeon at Addenbrooke's Hospital, Cambridge.

She graduated from Trinity College, University of Cambridge in 2006 for her medical undergraduate degree. She undertook her PhD funded by a MRC Clinical Research Fellowship award in Prof Rebecca Fitzgerald's laboratory in the University of Cambridge. During this time she set up and led the first rapid autopsy programme (the Phoenix study) in the country, a multidisciplinary collaborative effort, to delineate the evolution of oesophageal cancer and to challenge the current clinical staging algorithms (Noorani et al, Nature Genetics 2020). After her PhD she completed her oesophago-gastric cancer specialist training as the first NIHR Academic Clinical Lecturer in the Upper Gastrointestinal Surgery Department in Addenbrooke's Hospital, Cambridge before pursuing the clinician scientist route longer term.

For her CRUK Clinician Scientist Fellowship, as an early careers researcher setting up her own independent group, she is focused on delineating clonal dynamics in the upper gastrointestinal tract during the context of disease, regeneration and cancer. The overarching aim of this work is to identify molecular changes prior to any histological change, and to help promote organ preservation strategies. She is undertaking this work using cutting edge low input spatially preserving and single molecule technologies in the Cancer Ageing Somatic Mutation and the Cellular Genetics departments in the Wellcome Sanger Institute and her work has a strong global, collaborative focus. Her overall wider themes of interest include cancer risk prediction and cancer prevention strategies.

Ayesha's consultant clinical practice is predominantly focused on oesophago-gastric cancer surgery (oesophagectomies and gastrectomies) alongside emergency general surgery on calls. It is this group of patients with oesophago-gastric cancer that continue to inspire her, and motivate her to pursue a strong cancer based research focus in the laboratory within a discovery and translational setting.

Ayesha is the first academic consultant surgeon to be appointed in Upper GI Surgery in Cambridge, and is the only female academic consultant surgeon across the entire department of surgery in Cambridge. She is passionate about ensuring that surgery, and academic surgery in particular is a diverse and inclusive landscape.



Dr Ori D. Rotstein
MD, FRCSC, FAC

Vice President, Research and Innovation, Unity Health Toronto
Professor and Associate Chair of Surgery, University of Toronto

RCSI MILLIN MEETING KEYNOTE LECTURE

Dr. Ori D. Rotstein is the Vice President of Research and Innovation at Unity Health Toronto and a Professor and Associate Chair of the Department of Surgery at the University of Toronto. Alongside his administrative roles, Dr. Rotstein is a practicing General Surgeon and the former Surgeon-in-Chief at St. Michael's Hospital. He is an acknowledged expert in the management of intra-abdominal infection and inflammation with research interests in understanding how traumatic injury leads to alterations in the immune response of patients.

He is the former Director of the Institute of Medical Science, the postgraduate arm of the Faculty of Medicine at the University of Toronto, from 2001-2011 that was responsible for graduate training programs for more than 500 MSc and PhD students. In 2012, the Institute of Medical Science honoured him with an annual lecture 'The Ori D. Rotstein Lectureship in Translational Research'. His professional affiliations include membership in prestigious medical societies such as the Canadian Academy of Health Sciences, the American Surgical Association, and the American Society for Clinical Investigation.

Dr. Rotstein received his MD and MSc from the University of Toronto. He completed postgraduate specialty training in General Surgery at U of T, followed by a research fellowship at the University of Minnesota. He is the recipient of many honours and awards, including the inaugural Keenan Chair in Research Leadership.



Mr Enda McNulty

Former All Star Gaelic Games Athlete and
Founder & CEO of McNulty Performance

Enda McNulty, a leader in performance, resilience, and well-being, has harnessed insights from sports, psychology, and business to create a unique approach.

With 25 years of experience coaching elite performance in sports, business, and more, he's the CEO of McNulty, a thriving training organisation. As a former Gaelic Games athlete, he learned valuable lessons about leadership and teamwork.

Enda has mentored elite athletes and contributed to successful teams like Joe Schmidt's Leinster and Ireland. He's also coached high-level executives at companies like Microsoft, Facebook, Intel, and Amazon, gaining diverse industry knowledge.

Specialising in Leadership, Mindset, High-Performance Teams, Creative Environments, Resilience, and Well-being, he's a bestselling author ("Commit!") and a board member of the John & Pat Hume Foundation, championing peaceful change through leadership.



RCSI

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The Royal College of Surgeons is currently recruiting for clinical, basic, and lay examiners in **Ireland**, **Bahrain**, **Malaysia**, **Egypt** and the **United Arab Emirates** to examine in upcoming MRCS B OSCE examinations.

Members of the RCSI Court of Examiners are kept informed of developments and international best practice in clinical assessment at the Annual Court of Examiners Meeting and are awarded Professional Competence Scheme (PCS) credits for examining and attending our annual meeting. Members also receive a complimentary member's pack with RCSI Court of Examiners merchandise.

If you're interested in becoming an MRCS examiner with RCSI, please visit rcsi.com/coe, register your interest by scanning the **QR Code** or email courtofexaminers@rcsi.ie.



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TEACHING OPPORTUNITIES WITHIN RCSI SURGICAL AFFAIRS

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INTEREST
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Bias

Teams

Civility

Burn out

Huddles

Good catch

Leaders

Overload

Speaking up

Situational Awareness

Swiss cheese

Problem solving

Second casualty

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UNCOVERING THE ISSUES AFFECTING HEALTH CARE





RCSI



CHARTER MEETING

TUESDAY 4 – SATURDAY 8 FEBRUARY 2025

~ SAVE THE DATE ~

NEXT GENERATION SURGERY



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